

Education is simply the soul of a society as it passes from one generation to another.  
- Gilbert K. Chesterton

## Note from the Principal's desk .....

“Better than a thousand days of diligent study is one day with a great teacher”, goes a popular Japanese proverb, and for the teachers, there can be no greater joy than being with their pupils, inspiring, informing and guiding them.

Therefore, it was a happy time for the teachers and students of The Asian School, to be back within the portals of the school and this time, the little ones too. To see the toddlers, walking in, with a spring in their steps albeit with a mask on their excited faces, could warm the cockles of any heart.

All precautions and protocols are in place, the school is near normal and kudos to the parents too for their strong support to help us realise our goal of normalcy.

Over the past months, during the course of the transition from online to hybrid to offline, the school has been conducting a number of curricular and co-curricular activities; a glimpse of which is being presented in this Potpourri. These are a reflection of the collective efforts of the students and the staff... Happy browsing!

**Mrs. Ruchi Pradhan Datta**

## WE ARE GLAD TO HAVE YOU BACK OUR LITTLE ANGELS



It was a day of great joy for all of us when the school re opened for the Primary Wing on 21st February, after a gap of 2 years. It was a nice and refreshing feeling to see the old as well as the new students, some a little nervous, some cheerful and yet all of them very excited to come back to their second home after a long time. Coming back to a school full of children was a positive indication that finally life was returning to normal. We really hope and pray to have a safe and blessed year ahead where mankind faces no more untoward and unexpected challenges. Looking forward to have a radiant and fulfilled atmosphere with our little angels.



# Junior School Events

## DIWALI CELEBRATION



3 November, 21

**D**iwali, a festival that illuminates the Earth as well as the Skies and brings joy to abound on this world.

Diwali, the Festival of Lights has all the charm, grandeur and splendour that can even illuminate our minds and hearts promoting the much

needed peace and harmony. Young Asianites celebrated Diwali by exhibiting their creativity during the clubs by decorating Diyas, making colourful Kandils and Torans. They also made beautiful Rangolis.



## ENGLISH ELOCUTION COMPETITION



16 November, 22

"Admiration comes easy to a person, who is endowed with the fine art of public speaking, who adorns common thoughts with the grace of elocution, and the elegance of style"

Once again our little ones have proved themselves with the best of their capabilities in the English Elocution Competition at The Asian School. The event took place on 16th and 17th November 2021 for the students of Classes I to V.



The students presented their speeches on several topics like 'The gadget I would like to invent', 'The best letter of the Alphabet', 'Who is my superhero' etc. Three participants were selected from each class to express their views. The speeches were delivered to perfection by all

the students and were very minutely judged by all judges on the criterion of speech, memory and expression. The children were very confident in their conduct and enjoyed the activity which was quite evident from the enthusiasm shown by the students to have come forth and participate.

### WINNERS FOR ELOCUTION

CLASS I		CLASS II	
1 <sup>st</sup>	Manasvi Pandey and Anaya Singh	1 <sup>st</sup>	Shaurya Dhawan
2 <sup>nd</sup>	Gauri Nawani	2 <sup>nd</sup>	Aaradhya Bhatt and Swastik Dimri
3 <sup>rd</sup>	Bhargav Joshi, Akrishti Pundir and Ridit Mittal	3 <sup>rd</sup>	Jaismaira Kaur
CLASS III		CLASS IV	
1 <sup>st</sup>	Aayan Arora	1 <sup>st</sup>	Paridhi Khanduri
2 <sup>nd</sup>	Aradhya Saxena	2 <sup>nd</sup>	Aayan Singh Negi
3 <sup>rd</sup>	Medhawat Yadav & Geetank Singh	3 <sup>rd</sup>	Mishka Singh
CLASS V			
1 <sup>st</sup>	Shreyas Arora		
2 <sup>nd</sup>	Avannia Padiyar		
3 <sup>rd</sup>	Ananya Sharma & Prajusha Pharasi		



## BASANT PANCHAMI

5 February, 22

The arrival of the spring season always brings joy. Basant Panchami is celebrated across the nation for the arrival of the spring season and the festival is dedicated to Goddess Saraswati. It is the time when mustard farms are in bloom.

The students of The Asian School also celebrated this festival with great fervour and zeal. Some did craft work and made innovative patterns exhibiting the mood and colour of the festival.



Samsung Triple Camera  
Shot with Galaxy S10 Lite



## SCIENCE PRESENTATION

26 February, 22

**B**ertrand Russell said, 'Even if the open windows of Science at first make us shiver, in the end, the fresh air brings vigour and the great spaces have a splendor of their own.' Keeping these wise words in

mind the Science Department at the Junior Wing celebrated 'The Science Week' to mark the National Science Day. Students from Classes I to V participated in interesting Science activities like learning about medicinal plants, origin of spices, journey

of a seed, making animal masks, natural fibres and conducting experiments. Our little science geniuses participated in all the activities whole heartedly. Kudos to their ever willing attitude to learn.





## ALL INDIA ARITHMETIC GENIUS CONTEST

**A**rchuman Panwar, Mandakini Rai ,Vishesh Vardhan, Ayushmaan Singh,Avikam ,Prajusha Pharasi and Siddhi Goyal cleared the North Regional round and qualified for the National round in the All India Arithmetic Genius Contest conducted by SIP Abacus Academy in October 2021. Kudos to all the winners!!!





## COMPETITIONS OUTSIDE SCHOOL

### SKATING CHAMPIONSHIP

23 November, 21

Once again our young Asianite Prasad Chopra from Class III has earned laurels for the School by winning two Gold medals and one Bronze medal in the first Roll Ball Skating Championship Uttarakhand State.



### AITA NATIONAL CHAMPIONSHIP

24 February, 22

Purvi Patwa of class IV made us proud once again by winning the 1<sup>st</sup> recognised trophy AITA National Championship Series Under 14 in runners-up doubles category at Karnal on 24 February 22.



### 34<sup>th</sup> DISTRICT TAEKWONDO AND POOMSAE CHAMPIONSHIP

25-26 December, 22

The Asian School is proud of its students for not just making us proud in academic competitions but also in sports and other activities. It gives us immense pleasure to announce that Pehul Bahl of Class II has won a Silver Medal in the 34<sup>th</sup> District Taekwondo and Poomsae Championship held on 25<sup>th</sup> and 26<sup>th</sup> December, 2021 in the under 24 kg category. Keep rocking our little champ!!





## WEEKLY ACTIVITIES BY PRE-PRIMARY

These are the weekly class activities enjoyed by the little ones in online mode throughout the year.

### DIWALI CELEBRATION

29<sup>th</sup> October, 2021

Time has taught us to have online celebrations but it doesn't seem to have any effect on the enthusiasm of the tiny tots from kindergarten. Students dressed up in traditional outfits to celebrate Diwali. The students sang Diwali songs and participated in a string of activities like diya decoration, rangoli making and making clay idols of Lord Ganseha.



### GREEN DAY

26<sup>th</sup> November, 2021

GREEN, the color of nature, growth and freshness. To help the students identify and recognize the 'green color' many activities highlighting the color were organized for the students.

The tiny tots were dressed in different shades of green and all green objects from a child's immediate surroundings were displayed.

Kids enjoyed making 'green salad and coloring the worksheet using 'green' color.



### RED DAY & CHRITMAS CELEBRATION

3<sup>rd</sup> December, 2021

Pre primary wing of The Asian School 'conducted 'RED' day activities on 3<sup>rd</sup> December 2021 and clubbed them with Christmas celebration. The tiny tots looked stunning in their 'RED DAY' outfits which helped them recognize the color. Teachers narrated the story and told the students about the significance of the festival. Their faces gleamed with happiness as they decorated the Christmas tree, made masks and sang carols with their teachers and





## WEEKLY ACTIVITIES BY PRE-PRIMARY

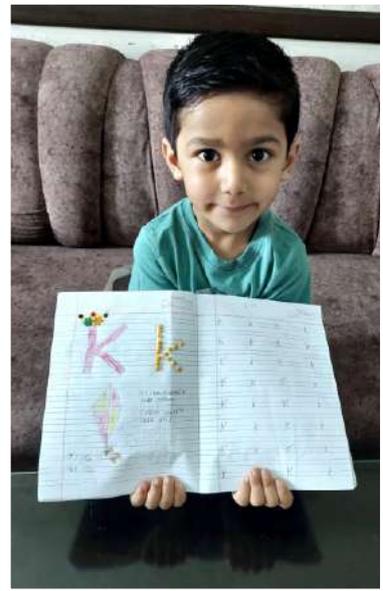
### EVERY CHILD IS AN ARTIST





## WEEKLY ACTIVITIES BY PRE-PRIMARY

### FUN WITH ACTIVITIES





## WEEKLY ACTIVITIES BY PRE-PRIMARY

### LITTLE HANDS AT WORK AND PLAY



# Middle School Events



## TORAN MAKING

Festivities are all about togetherness and in strengthening of bonds. This festive season our students from The Asian School tried to adjust to the new normal and found innovative ways to send greetings to all. Students prepared torans.

Toran is a string which is used to decorate doors in the houses. It can be made using different kinds of materials such as laces, waste bangles, pompom, pearls, etc.





## GURPURAB

**G**uru Nanak Jayanti is one of the most auspicious festivals in Sikhism and is celebrated all over the globe. It is one of the most important festivals in Sikhism, as it is believed that Guru Nanak Dev Ji brought enlightenment to this world. The festival is celebrated fifteen days after Diwali, on Kartik Purnima. On this auspicious occasion of GURPURAB, The Asian School wishes that we all are showered with the divine blessings of Guru Nanak Dev Ji today and always. Happy Guru Nanak Jayanti!

On the pious occasion of GURPURAB the students of The Asian School recited Gurbani in the obeisance at the racecourse Gurudwara.

### List of participants:

1. Kashvi Negi
2. Ananya Negi
3. Japneet Kaur
4. Bibhooti Semwal
5. Divyanshi Rana
6. Shreya Rajput
7. Sanvi Tomar
8. Swasti bisht
9. Parangat
10. Arunavtiwari
11. Harjas Singh Bawa.





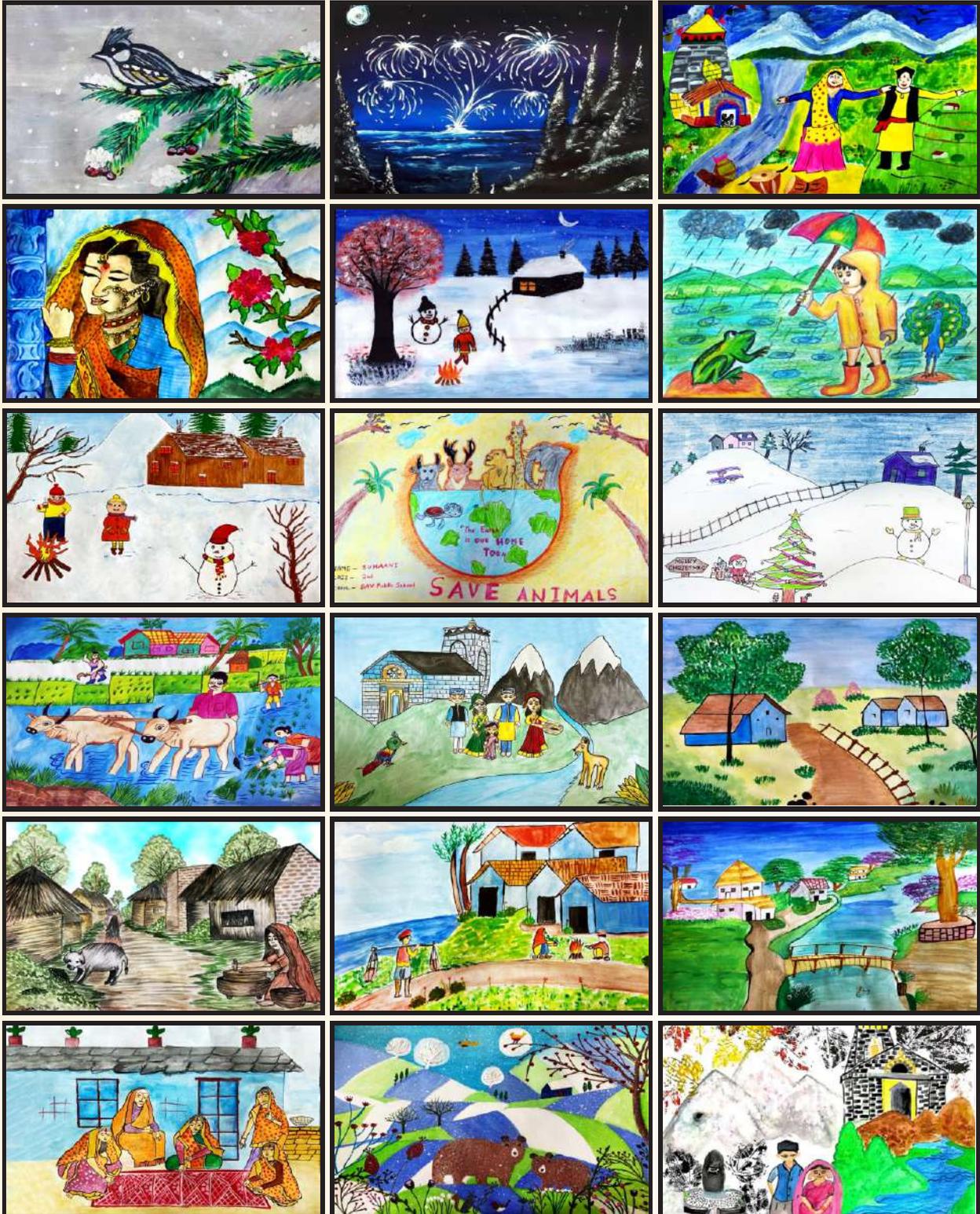
## SAHODAYA INTER SCHOOL ONLINE PAINTING COMPETITION

February 12, 2022

“Every child is an artist,” said Pablo Picasso.

Keeping this in mind and to explore the creative potential in the young minds of our children, an Online Inter School Art and Painting Competition was conducted on 12<sup>th</sup> Feb. Children showcased their creative skills with much gusto.

This fun filled activity witnessed an enthusiastic participation by students from 20 Sahodaya schools making the event a resounding success.





## WINNERS OF CBSE SAHODAYA ONLINE ART COMPETITION 2022

CLASS I			
1	Times World School	Vamika Mishra	I
2	Will Field School	Maanvi	II
3	The Asian School	Manasvi Pandey	III
CLASS II			
1	Dharma International School	Driz Gurung	I
2	DAV Public School	Suhani	II
3	St. Mary's Sec. School	Nishika Mittal	III
CLASS III			
1	DSB International School	Ojas Singh	I
2	Will Field School	Aarohi Mehra	II
3	Army Public School, Birpur	Aaditya Chand	III
CLASS IV			
1	The Horizon School	Tanvi	I
2	Mount Litera Zee School	Pavani Kandpal	II
3	Army Public School, Birpur	Vipul Singh Rawat	III
CLASS V			
1	New Era Academy	Anjali	I
2	The Asian School	Vaishnavi Saini	II
3	Manava Bharati India International School	Aniya Rana	III
CLASS VI			
1	Army Public School, Birpur	Janhavi	I
2	Manava Bharati India International School	Prerna Barthwal	II
3	Ecole Globale International Girls School	Ms. Aaratrika	III
4	New Era Academy	Taniya Rawat	Consolation
CLASS VII			
1	The Horizon School	Ananya Bhatt	I
2	The Asian School	Mahaveer Gupta	II
3	Manava Bharati India International School	Tanuja Tiwari	III
4	Army Public School, Clement Town	Ritika Gurung	Consolation
5	New Era Academy	Smriti Negi	Consolation
CLASS VIII			
1	The Horizon School	Sanika V. Shirsavade	I
2	The Asian School	Pragya Sharma	II
3	Scholars Home, Rajpur Rd.	Shiza Aman	III
4	St. Mary's Sec. School	Adiba Chaudhary	Consolation



## BASANT PANCHAMI

February 5 ,2022

A short celebration was held on the auspicious day of BASANT PANCHMI (SARASWATI PUJA). The programme was attended by Principal Ma'am, Mrs. Ruchi P. Datta, Head of Senior School Mr. Mukesh Nangia and teachers.

The programme started at 12:45pm in the music room with a small Puja followed by lamp lighting by Principal Ma'am and the Head of Senior School, Mukesh Sir. The teachers also paid obeisance to Goddess Saraswati and sought her blessings.



After the prayers, a short melodious program, organised by the music teacher, Anvesh Sir, was presented by the music students. First SARASWATI VANDANA was performed by the music - vocal students and music teacher Ms. Pooja Chaturvedi. After that a short mellifluous performance of Tabla i.e. VRINDVADAN BASED ON TEENTAAL was presented by students of Tabla under the guidance of music teacher Mr. Anvesh Kant.

Saraswati Vandana was performed by the following students:

Aditi Chauhan - 11F  
Pari Verma - 11F  
Niharika Pundir - 11B  
Priya - 11C



Tabla performance was by the following students:

Jayesh Anand - 11A  
Harjas Singh Bawa - 8C

After the performances, Principal Ma'am shared a few words, enlightening everyone about the significance of 'Basant Panchami' and the story of holy Saraswati river. Teachers- Madhurlata ma'am and Neha ma'am also threw light on the relevance of Basant Panchami. The programme was concluded by distributing the sweets.

## SAHODAYA CBSE INTER-SCHOOL QUIZ COMPETITION



**DAY & DATE** - FRIDAY, 18 FEB 2022

**TIME** - 10:15 a.m. to 1:00 p.m.

**OVERALL IN-CHARGE** - Mrs. Shweta Matta

**TEACHERS IN-CHARGE** - Mrs. Renu Singh and Mr. Abhay Garg

**O**n Friday, 18 February 2022, Sahodaya CBSE Schools Group organized an Inter School Quiz Competition for students of Classes VI to VIII. The Quiz was conducted by Army Public School, Birkur with 15 teams from the Sahodaya Schools Group of Dehradun participating in the quiz. Each quiz team comprised three members including at least one girl. In view of COVID and keeping in mind the safety of children, the quiz was conducted online using Google Meet platform

The following students participated from our school:

1. Tanmay Tyagi – VI A
2. Nandini Raj Chauhan – VII C
3. Diya Singh – VIII D



The participants had to go through two stages. The first round was a qualifying round, conducted at 10:30 a.m. where each team had to attempt a Google Form of 15 questions based on History, Science, Art, Sports, Reasoning etc. The qualifying teams of the next round were decided based on the maximum number of correct answers given in minimum duration of time. The Asian school team was among the top 6 teams to qualify for the final round.

1. Welham Boys' School
2. Olympus High School
3. The Asian School
4. Vantage Hall Girls' Residential School
5. Him Jyoti School
6. Manav Bharti International School

The Final Phase of the quiz was conducted on Google Meet at 11:30 a.m. and comprised 4 rounds:

1. Progressive Round
2. Visual Round
3. Current Affairs
4. Rapid Fire Round

Our school team showed an excellent performance in the quiz. However, the team managed to finish fourth with Welham Boys' School emerging as the winners.

The quiz was a great experience for our participants and served as an excellent opportunity to motivate and encourage them to participate in other such events in the forthcoming years. We would like to thank our Principal Ms. Ruchi P. Datta for providing us this opportunity and constantly motivating us. We would also like to thank our Admin Department that provided us with the necessary logistics so that we could go ahead with the event smoothly.



## GITA PAATH COMPETITION



**DAY & DATE** : TUESDAY, 22 FEB 2022  
**TIME** : 11:15 a.m. to 1:00 p.m.  
**OVERALL IN-CHARGE** : Mrs. Shweta Matta  
**TEACHERS IN-CHARGE** : Mrs. Neena Pandey and Mrs. Richa Talwar

**O**n 22<sup>nd</sup> February 2022, Kasiga School, organized a Gita Paath Competition for the students of Classes 6 to 12. Students from 30 different schools participated in the competition, with two entries per school.

Each school team comprised two participants. The first participant had to recite in Sanskrit, the seven shlokas contained in chapter 12 of the Gita & the second participant had to translate any one of the Shlokas in Hindi.



The programme started at 11:00 a.m. and concluded at 1:00 p.m. An impressive performance was put up by all the school students.

**From our school the following students participated in this competition :-**  
**Apeksha Negi - VIII B**  
**Arnav Aggarwal - VIII B**

## YOUNG JUNIOR CHEF COMPETITION



The Preliminary round of the 'Young Junior Chef' competition was organized online by the International Institute of Hotel Management (IIHM) on 12th May, 2021. 20 students from the school participated in the first round. All the participants enthusiastically made and presented their dishes to the judges. Out of these 20 students, 12 were selected for the second round which was

held on September 17th, 2021. In the second round 6 students were selected to participate in the third round. The third round was held on October 27th 2021. The students selected for the third round prepared delicious dishes and presented them to the judges. The judges were highly impressed by the culinary skills showcased by the young participants.

Bhakti Gogia of class 8th D was selected as the winner of the third round.

The final round was held online on December 7th 2021. It was a difficult round as the participants were asked to prepare a full course meal. Bhakti Gogia was the only contestant who was noticed and appreciated by honourable judge, Chef Ranveer Brar. She prepared the North Indian



spread of Nargisikofta, lachha paratha, fruit raita and sprout salad.

It was a wonderful opportunity and experience for the young children from the school.

## INTERNATIONAL WOMEN'S DAY



We cannot imagine this world without the presence of women.

A big thanks to them for coming into our lives and making it worthwhile.

### Happy Women's Day

When I opened the eyes,  
The world around smiled at me.  
In everything beauty I could see,  
This encouraged me to see dreams.  
With joy I just scream  
What a beautiful life!  
I wish I could hide  
And wrap myself in this beaming world  
Where my radiant story will be shared with the world  
But from where this cloud  
has peeped in and put me in doubt  
Do all dreams just fly  
And one day I'll be so shy  
Where my story ended  
And no one funded  
Such paths to walk  
Had put me in shock  
I wish I never dreamt  
I never imagined where I'll be sent  
But this world is strange  
Something encouraged and I was not raged  
I must show that I live  
And one day I'll give  
This world a story to tell  
That hard work and strength never goes to hell.

-Mugdha Bakshi



# Senior School Events



## VACCINATION CAMP

To ensure a quick and safe return to school - in collaboration with the State Health Department, The Asian School organised a Vaccination camp for students in the age group of 15 to 18 years





# INTER-SCHOOL HINDI DEBATE

**D**elighted to share the good news that Team Asian lifted the trophy for the Inter-School Hindi Debate conducted by Dainik Jagran, on Monday within the purview of their initiative, Sanskarshala.

The speakers from The Asian School were :

1: Omisha Sundriyal (11E)

2: Agrima Pradhan. (10A)

## वाद-विवाद में 'द एशियन स्कूल' रहा विजेता

संस्कारशाला के तहत आयोजित अंतरस्कूल वाद-विवाद प्रतियोगिता में छह स्कूलों ने लिया भाग



जागरण संस्कारशाला, देहरादून: जागरण संस्कारशाला के तहत इस वर्ष अंतर स्कूल वाद-विवाद प्रतियोगिता-2021 का आयोजन दैनिक जागरण के राज्य कक्षालय पटलेनगर में शहर के प्रतिष्ठित छह स्कूलों के छात्र-छात्राओं ने प्रतिभाग कर अपने इनका का लोहा मनवाया। प्रतियोगिता का विजेता 'द एशियन स्कूल' रहा। जबकि प्रथम उपविजेता 'केंद्रीय विद्यालय-पदक' हाथीबड़कला व द्वितीय उपविजेता 'यूनियर्सल एकेडमी' रहा। तीनों टीमों को विजेता ट्रॉफी व प्रमाण पत्र देकर सम्मानित किया गया। इसके साथ ही प्रतियोगिता के सभी प्रतिभागियों को सहभागिता प्रमाण पत्र भी दिए गए।



जागरण संस्कारशाला वाद-विवाद प्रतियोगिता-2021 में शामिल सभी प्रतिभागी छात्र छात्राओं और खाम में शामिलिकाएं • जागरण



जागरण संस्कारशाला वाद-विवाद प्रतियोगिता-2021 के निर्वाचक मंडल के सदस्य एवं विजेता प्रतिभागी • जागरण

संस्कारशाला वाद-विवाद प्रतियोगिता में प्रतिभागी स्कूल के छात्र-छात्राओं को जो विषय दिए गए थे, उनके पक्ष और विपक्ष में शानदार प्रस्तुती दी गई। जिन छात्रों ने पुरस्कार नहीं जीते, उनको प्रस्तुती भी काम नहीं आती जानी चाहिए।

इसमें बहुत काम अंतर रहा। जो विषय छात्रों को दिए गए थे, उनके बारे में बेहतर जानकारी प्रस्तुत करना छात्रों की उत्पत्ति कड़ी जा सकती है।

स्कूल के नाम	पक्ष	विषय
1-केंद्रीय विद्यालय-एक हाथीबड़कला	श्रीरी नीरिगत	नाश-वा परमाद
2- सोशल बटुनी पब्लिक स्कूल	श्रेया राणी	अजलि सेमवाल
3- साईंस एकेडमी इटरेनल	मेघना रावत	सजीता नीटियाल
4- द एशियन स्कूल	ओमिशा सुंदरियाल	अग्रिमा प्रधान
5- यूनियर्सल एकेडमी	सीमा मण्डल	अनुष्का जोशी
6- सनराइज एकेडमी	वसिष्ठा चौहान	दीक्षा कटन

स्कूल आफ ला के छात्र अखिलेंद्र प्रताप सिंह ने सभी प्रतिभागियों को प्रतियोगिता के नियमों के बारे में जानकारी दी। इसमें इनका सहयोग जागरण स्कूल आफ ला को छात्र प्रीति युक्तता ने दिया। प्रतियोगिता में केंद्रीय विद्यालय एक हाथीबड़कला को 'वैधानिक मनीषित', सोशल बटुनी पब्लिक स्कूल को 'पर्यावरण संरक्षण', साईंस एकेडमी इटरेनल को 'साधना का सुफल', द एशियन स्कूल को 'राष्ट्र की अखंडता', यूनियर्सल एकेडमी को 'स्वाधीनता संग्राम के अवसरों का फलन' व सनराइज एकेडमी को 'सामाजिक एकता एवं समरसता' विषय दिया गया। इन विषयों पर एक-एक छात्र को दो-दो मिनट का समय दिया गया, जिनमें क्रमशः पक्ष और विपक्ष में अपने विचार रखे। इसके बाद से-पटल राइट में मिले एक मिनट के समय में प्रतिभागियों ने स्वामी के सवालों का जवाब भी दिया। प्रतियोगिता में निर्वाचक की भूमिका था, जहां जहां उपाध्यक्ष, एग्रेसिव प्रोफेसर व डा. संगीता रावत, सहायक प्रवक्ता शीरी कालेज देहरादून ने निभाई।



# ACADEMIC SESSION RESUMES FOR SENIOR SCHOOL





## WINNERS OF U19 CBSE PPSA BASKETBALL TOURNAMENT 2021





## SPRING FESTIVAL 2022

**K**ashish Yadav of class XII A, bagged the 3<sup>rd</sup> prize in the Painting Competition in the Spring Festival 2022 held at Raj Bhavan. Hon'ble Governor of Uttarakhand, Lt. Gen. Gurmit Singh, PVSM, UYSM, AVSM, VSM (Retd.) presented the award, a certificate and a trophy to her.



## PRINCIPAL'S MEET

**Organised By : AMRITA VISHWA VIDHYAPEETHAM & DAINIK JAGRAN**

**Topic : "Be Future Ready"**

**DATE : 21 February, 2022**

**Time : 4.07 p.m. to 5.30 p.m.**

**ATTENDEND BY : Ms. Aparna Nauriyal & Ms. Sunita Joshi from The Asian School & The Principals of 18 Different Schools**

The following points were discussed:

1. How technology has influenced our life?
2. How it is destroying the life of the students?
3. Impact on the life of teachers/ students.
4. Cultural values have declined, children have misused the technology.
5. Parents check is very important
6. Counseling of the parents is required.
7. Parents should connect with the children. Companionship should come between the parents and children.
8. Parents and teachers should come together as one unit to deal with the children.
9. Parents have a fear that the child is not able to do anything due to online classes.

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## WORKSHOP ON STRESS FREE TEACHING

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**Organized by** - The Management, The Asian School

**Attended by** - Middle and Senior School Teachers

**Facilitator** - Snigdha Jaiswal

**Date** - 26th February, 2022

**Timings** - 1:15pm to 2:10pm

# Stress-free Teaching

**A**n interactive workshop on Stress Free Teaching was facilitated by Ms. Snigdha Jaiswal which involved a combination of activities along with a 5-minute guided meditation.

The session started with a conversation about the daily stress experienced by the teachers, its relationship with our mental health and its impact on our mood and behaviour. It was discussed how a combination of relaxation and focus was perfect

to enhance employee productivity, and feel better throughout the day. A fun clapping activity was conducted to understand our concentration span which was then followed by "Bhastrika" which is a combination of breathing techniques acting as an instant energizer. After this a 5-minute guided meditation was facilitated by Ms. Snigdha followed by everyone sharing their experiences. After the session everyone felt extremely calm and relaxed.

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## MUN (SELAQUI INTERNATIONAL SCHOOL)

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**DATE** - 18 & 19 February 2022

**TEACHER INCHARGE** - Mrs. Sunita Joshi & Dr. Rishikesh Jha

**ATTENDEND BY** - Class IX & X

**RESOURCE PERSON** - Selaqui International School

**CHIEF GUEST** - Dr. Aditya Pratap DEO, Professor of History at St. Stephen's College.

**T**his event aimed to engage youth leaders and provide a platform to share perspectives and offer solutions to global issues. The conference was attended by 116 delegates from 13 different schools across India. The following students attended the QMUN-22 from The Asian School.

1. Divyansh Nagra
2. Naaysa Thacker
3. Rahul Cheboles
4. Rachit Pandey
5. Aarav Sinha
6. Harshvardhan Singh

The MUN was divided into 5 committees and their Agenda was as follows:

- The United Nation Security Council : Taliban's rise to power in Afghanistan.
- Lok Sabha : Nation Education Policy (NEP)
- The United Nations Economic and Social Council : The impact of Pandemic affecting our sustainable focus on industry, Innovation and Infrastructure.
- The Crisis Committee : The Truman Doctrine
- Disarmament and International Security Committee : Questions of Taiwan and Disarmament in the South China Sea.
- Closing ceremony took place on 19<sup>th</sup> February

## TRAINING SESSIONS CONDUCTED BY THE PRINCIPAL



- 1. IN-SERVICE TRAINING FOR THE TEACHERS OF KV**  
Hosted By : KVITBP  
On : 24 December, 2021  
Topic : Alternative Academic Calendar
- 2. KEY NOTE SPEAKER AT THE INDO – FINNISH CONFERENCE**  
Hosted By : Kalam Labs in conjunction with the Government of Finland  
On : 8<sup>th</sup> January, 2022  
Topic : Initiatives on nurturing kids' curiosity
- 3. WORKSHOP ON SPOKEN ENGLISH**  
For : The teachers of Middle School, The Asian School  
On : 18<sup>th</sup> February, 2022  
Topic : Common Errors in Spoken English  
Certificates were awarded to all the participants
- 4. CAPACITY BUILDING IN-SERVICE TRAINING SESSION**  
Hosted By : CBSE COE  
For : Heads of school and educators of CBSE schools  
On : 23rd February, 2022  
Topic : Story Telling in the Classroom



# CREATIVE SECTION

## THE FIRST DAY OF SCHOOL AFTER COVID-19

It was first day of my school after the affect of Covid-19 pandemic weakened. I was very excited, yet little nervous because of the terror created by Covid-19. It was a wonderful feeling to get dressed up once again in my school uniform and more so first time in the uniform of The Asian School. I was ready for the school with a mask on and carrying a sanitizer in my school bag. While dropping at the school gate, my mom reminded me many a time to sanitize my hands frequently, maintain social distancing and wear face mask at all times. My excitement went up manifolds when I saw many friends on my way to school. With a promise to my mom that I will follow all the safety

measures, I entered the school premises. My body temperature was checked by the security staff and was given hand sanitizer to use at the main entrance itself. Within no time we all headed for the school assembly at the basketball court. The assembly started and I was very happy as I met my online school friends which were present right in front of me now. Our respected teachers sang a welcome song to boost our morale and our {HRT} teacher of our class gave us a smile band. Principal madam also welcomed us to school and gave us a few instructions. Soon after the assembly our classes started. Our teacher entered and we all were extremely happy to study offline as now there was no

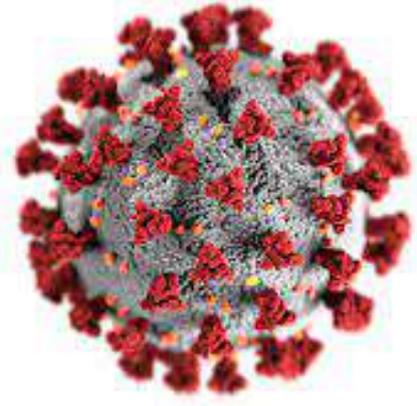
tension of getting disconnected, no network problem and electricity failure issues. After all the classes for the day, the school got over and everyone including me was eagerly waiting to share our experiences with our families. As I came out of the main gate, my mom was already there to pick me up, I said bye to my friends and started for my home. I told my mother all the wonderful memories and experiences of my first day at school after Covid. As I entered the house my sister too eagerly asked my how was my day, and I smiled and said that it was awesome! I was really happy with my first day experiences at the school.

Shreyas Arora  
Class - 5 A



## कोरोना वायरस (कोवडि-१९)

- कोरोना वायरस एक संक्रमित बिमारी है।
- कोरोना वायरस को कोवडि - १९ नाम से भी जाना जाता है।
- इस वायरस का संक्रमण सबसे पहले चीन के वुहान शहर में दिसम्बर २०१९ को हुआ था।
- विश्व स्वास्थ्य संगठन (डबल्यू एच ओ) ने इसे महामारी नाम से घोषित किया है।
- इस वायरस का संक्रमण होने के बाद व्यक्ति को बुखार , साँस लेने में तकलीफ़ , गले में खरासी जैसी समस्याएँ उत्पन्न होती है।
- कोरोना का संक्रमण पूरी दुनिया में फैल चुका है।



व्रज कोरवाड़िया  
वर्ग - ४ डी

आज की महामारी में आत्मबल तथा सकारात्मक सोच ही आवश्यक है।

कोरोना महामारी ने सम्पूर्ण विश्व को हिलाकर रख दिया। अनगिनत लोग कोरोना की चपेट में आ गए, अनेक साँसें थमती गईं। जिन्होंने अपनों को खोया, कोरोना उन परिवारों को ताउम्र नासूर जैसा गम दे गया।

यह निर्विवाद सत्य है कि सकारात्मक दृष्टिकोण आत्मबल को जन्म देता है। हम जैसा सोचते हैं वैसे ही बन जाते हैं। परमात्मा द्वारा प्रदत्त विभूतियों में प्रमुख है मन की शक्ति। जिसे इच्छा शक्ति, संकल्प शक्ति, मानसिक शक्ति आदि नामों से जाना जाता है। अंग्रेजी में इसे विल पावर कहा गया है। इसी अदृश्य शक्ति के बल पर सैकड़ों लोगों ने कोरोना जैसी महामारी को मात दी। यही नहीं, तमाम ऐसे उदाहरण भी देखने, पढ़ने को मिले जहाँ गम्भीर रोगों से ग्रसित लोग कोरोना से जंग जीत गए। मन की शक्ति का गुणगान सर्वत्र मिलता है। कहा गया है— मन एवं मनुश्याणी कारणं बन्ध मोक्षयोः अर्थात् मन ही मनुश्य के बन्धन या मोक्ष का कारण होता है। दुख सुख सब कहं परत है पौरुश तजहुं न मीत मन के हारे हार है मन के जीते जीत।

अर्थात् हे मित्र संसार में दुख—सुख सबको झेलना पड़ता है तुम्हें पौरुश नहीं त्यागना चाहिए। कोरोना काल में अनेक बुर्जुगों ने कोरोना पर विजय प्राप्त कर जीवन की नई पारी शुरू की। यह उनके ऊँचे मनोबल का ही परिणाम था। श्रीकृष्ण ने पाण्डवों का मनोबल बढ़ाया, जिससे उन्होंने विषाल कौरव सेना पर विजय प्राप्त की। सावित्री ने यमराज से अपने पति सत्यवान को वापस ले लिया, तो नचिकेता ने मृत्यु के रहस्य को जान लिया। षिवाजी ने छोटी सी सेना से औरंगजेब की बड़ी सेना को पराजित कर दिया। गांधी जी ने अपने मनोबल से अंग्रेज जिनके राज्य में कभी सूर्य नहीं छिपता था उन्हें पराजित कर दिया। इसी प्रकार पर्वतीय दुर्गम क्षेत्रों में जहाँ स्वास्थ्य सेवाएं लचर हाल में हैं, विकास का शैषकाल है वहाँ के लोगों ने अपना शारीरिक श्रम जारी रखते हुए कोरोना से संक्रमित होते हुए भी इस महामारी पर फतेह हासिल की।

इतिहास इस बात का साक्षी है कि शरीर की शक्ति से बढ़कर मन की शक्ति होती है। यदि व्यक्ति हार न मानकर दृढ़ इच्छा शक्ति से आगे बढ़े तो वह अविरोध जीवन संग्राम को जीत सकता है। गीता में कहा गया है कि सुख—दुख समे कृत्वा लाभालाभौ जयाजयमौ अर्थात् सुख—दुख, जय—पराजय, लाभ—हानि में समान रहने वाले स्थिर प्रज्ञ है। कोरोना के संबंध में मेरा दो टूक समर्थन उस पक्ष की ओर जाता है जो सकारात्मक दृष्टिकोण पर बल देता है, क्योंकि यह एक लाइलाज बीमारी पर जीत हासिल करने का एक कारगर उपाय है।

भारत के पूर्व राष्ट्रपति डॉ. राजेन्द्र प्रसाद ने कहा था कि कठिन समय जीवन का अंग है, जिस पर हमारा कोई नियंत्रण नहीं, परंतु हमारा नियंत्रण स्वयं पर तो है, इसीलिए कठिन समय को बदलने के बजाये सोच को बदलो। कठिन समय स्वयं समाप्त हो जायेगा। वर्तमान दौर में इस वक्तव्य को जीवन व्यवहार में उतारना होगा। यही इस महामारी के चंगुल से निकलने का एकमात्र उपाय है।

खुद को कर बुलंद इतना, हर तकदीर से पहले,  
खुदा बंदे से खुद पूछे बता तेरी रज़ा क्या है।

अन्तरा शर्मा  
द्वादश श्रेणी 'ब'

## LAYERS TO LOVE

LOVE, it can only be described the way it is lived.  
in parts...

Part 1(A): LOVE IS A SANDWICH

Both are silly things that did not exist until we  
created them

Yet they both are as if mirrors of a physical and  
emotional self, made through the layer of  
perfection.

Hoping that we get the order right.

Part 1(B): LOVE IS WHAT ALL THE SONGS ARE RIGHT  
ABOUT.

But sometimes it not enough. Sometimes the  
heartbeat is not enough

Sometimes a heartfelt song is not enough

Sometimes words are not enough

Actions are not enough

Looks, the volume, the accuracy, the duration for  
which it lasts is not enough for it is not what we can  
control but only experience.

Part2(A): LOVE IS AN IDEA

And she wears a hemp necklace,

He play the guitar,

She has a bowl cut,

He has knows all the songs by Taylor Swift,

She trusts you to ride the bus with you,

And he looks like prince charming.

Part2(B): LOVE IS MISCHEVIOUS,

For it will tell you, you are beautiful

When you really are, when you are away, when you  
lay next to them, for when you don't even want to  
hear it.

You are always beautiful. But sometimes you wont  
hear it when you need it the most. For love is not  
perfect. Merely a construct of emotions  
Jarred into a hormonal body of an animal.

Part 3: LOVE... WILL LEAVE

It is not forever

It will last as if it is your favourite chocolate

It will be tasteful, yet limited

It will be comforting yet sensitive

It will crumble towards the end as you hold it with  
your fingertips hoping for just a bit more.

It will leave, eventually. For when it does

Throw the wrapper away, feel the after effect of the  
sweet chocolate, savour it.

Although it will have gone. The memories will  
remain, cherish them.

The souvenirs will remain, reminisce over them, yet  
don't be afraid.

For there is another chocolate out there, another  
love, another chance, another part...



**SHIVAM PANT**  
Class- XII E

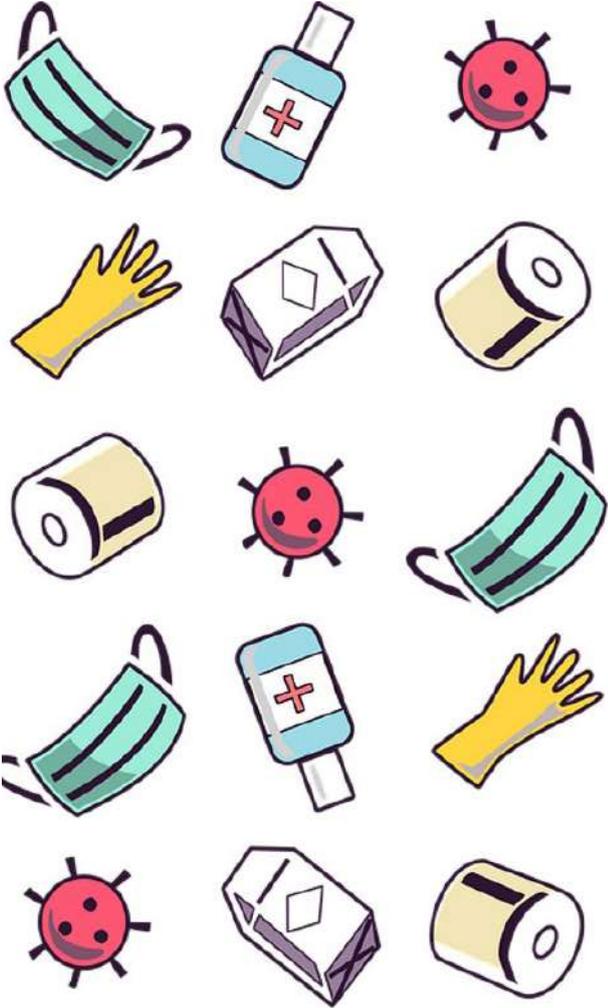
## बहता हुआ हवा का झोंका

हर खुशी का गम से समझौता है, जिन्दगी  
मौत नहीं, मोत का न्यौता है, जिन्दगी  
जीत जायेंगे यही चलते हैं सोचकर  
हार में भी एक भरौसा है जिन्दगी।  
कल न जाने क्या हो किसको है खबर  
आज का एक आखिरी मौका है जिन्दगी।  
टूटे हुए पत्तों की मंजिल पे क्या नज़र  
बहता हुआ हवा का झोंका है जिन्दगी।  
ईमान भी बिकता है ईश्वर तेरे शहर में  
झूठी है सारी दुनिया धोखा है जिन्दगी।।

मैत्रयी सिरोही  
एकादा श्रेणी 'ब'



## कोविड आया



कोविड आया कोविड आया  
अचानक स्कूल हुए बन्द  
पहले तो बड़ा मज़ा आया  
लगा सब कुछ गया थम  
घर में रहने का मौका मिला।

कुछ दिनों तक बहुत अच्छा लगा।  
पर फिर बहुत दुख भी हुआ।  
क्योंकि बाहर निकलना मना था।  
पूरे देश में लॉकडाउन जो लगा था।

अजीब डर का माहौल था  
पहली बार जिन्दगी में लॉकडाउन देखा  
घर में रहकर थक चुके थे  
स्कूल में बिताये दिन याद आ रहे थे

पता नहीं कोविड से कब मिलेगा छुटकारा  
मिल-जुल कर रहना खुली हवा में सांस लेना  
और जिन्दगी पहले जैसी होगी।  
शायद ये सब सपना हो गया  
पता नहीं कब ये सच होगा।

रंगोली सिंह  
दशम श्रेणी 'ब'

## भारत मेरा देश निराला

भारत प्यारा देश हमारा  
है सारे जग से न्यारा

जिसका शीष मुकुट हिमालय  
इसमें शिव का वास निराला

सागर इसके चरण पखारे  
विन्धयाचल की है सुन्दर मेखला  
ये है मेरा भारत प्यारा  
गोद में इसके खेल रही  
निर्मल गंगा-यमुना सरस्वती  
कावेरी नर्मदा की जल धारा।

ये है मेरा भारत प्यारा  
ऋशि मुनियों की तप स्थली ये  
राम कृष्ण की जन्मभूमि ये  
भाभा- कलाम की कर्म भूमि ये  
ऐसा है मेरा देश निराला।।

भारत प्यारा देश हमारा  
है सारे जग से न्यारा।

मान्या गुप्ता  
नवम् श्रेणी 'स'



## हमारे माता-पिता

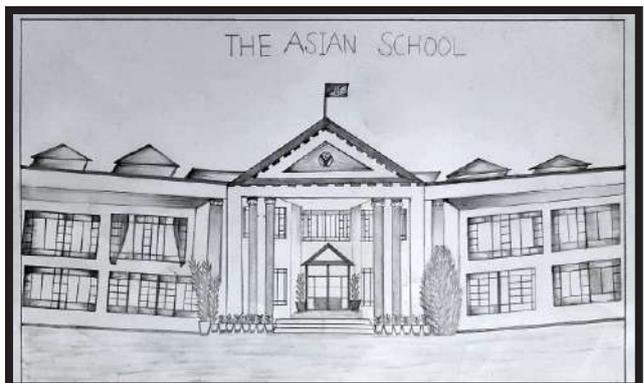
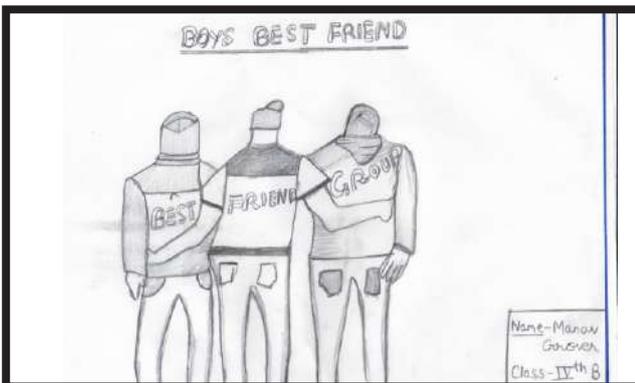
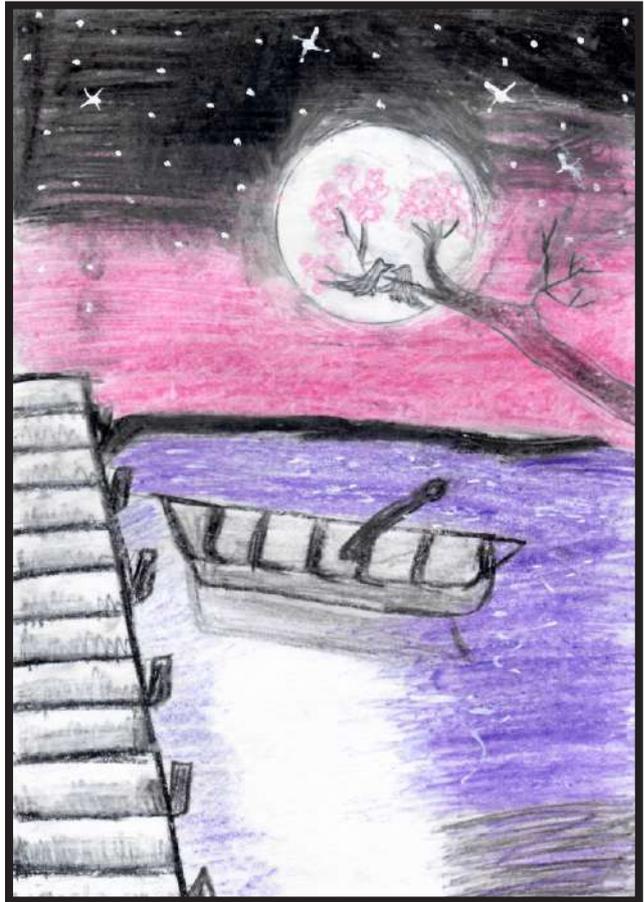


कितने नादान होते हैं माँ बाप  
जो हमने पहली नज़र में ही प्यार कर बैठते हैं।  
करते हैं शायद कोई जादूगरी।  
जो सपने तारों के दिखाते हैं।  
कितने ही बड़े हो जायें हम लेकिन  
पलकों पर वो अपनी बैठाते हैं।

जाने खुदा को ये ख्याल कैसे आया होगा,  
जो उसने माँ बाप को बनाया होगा  
रचकर उसे अपना ये करिष्मा  
नाज़ खुद पर आया होगा  
मेरे कुछ मांगने से पहले ही  
उन्हें समझ कैसे आया होगा।।

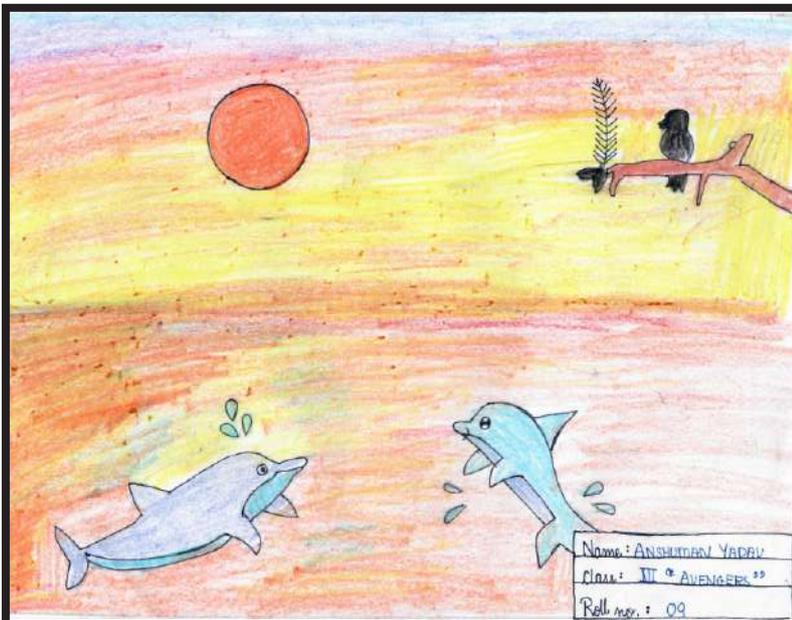
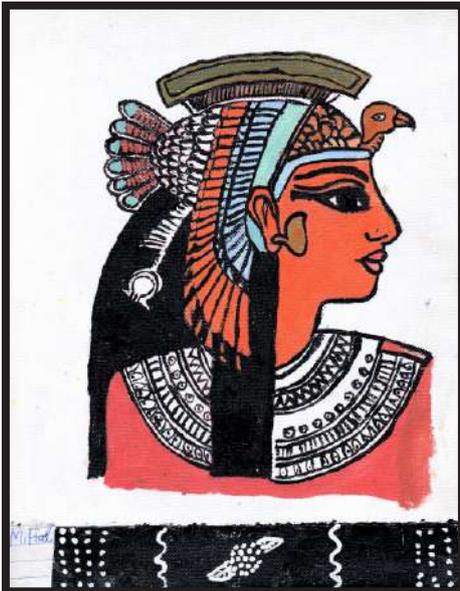
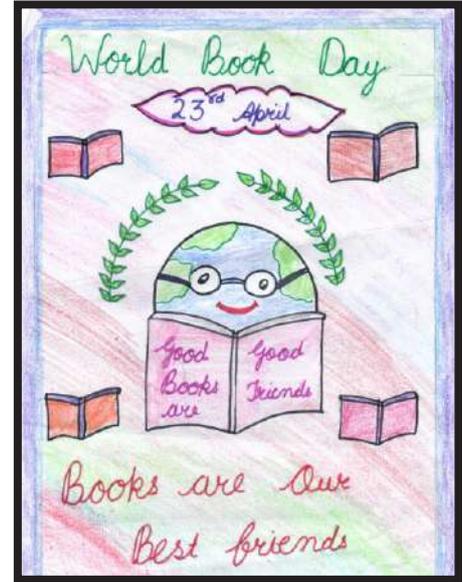
ध्रुव मोर्य  
दशम् श्रेणी 'ब'

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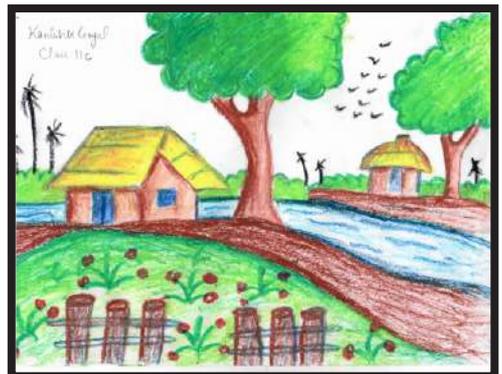
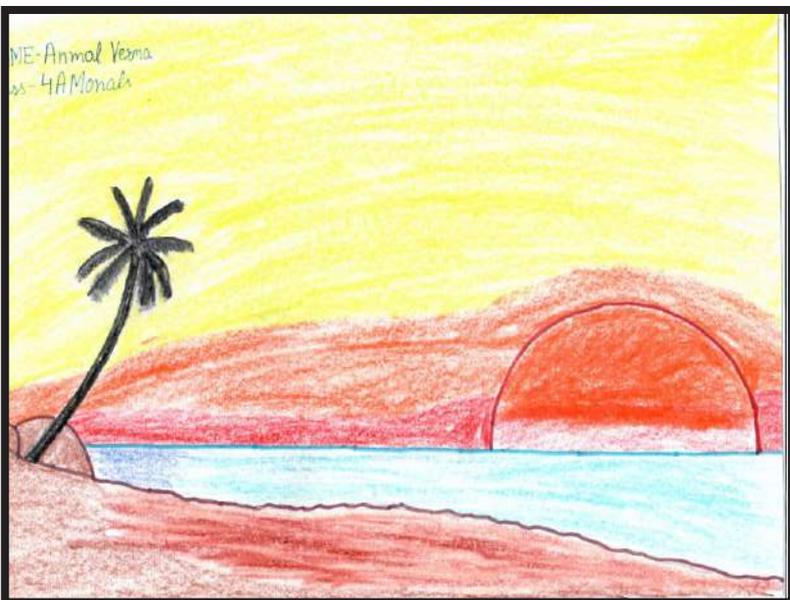
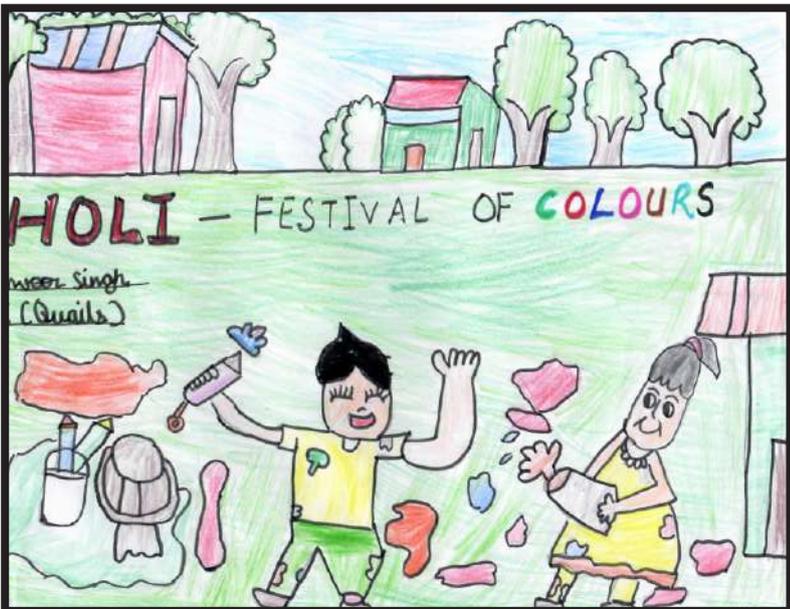
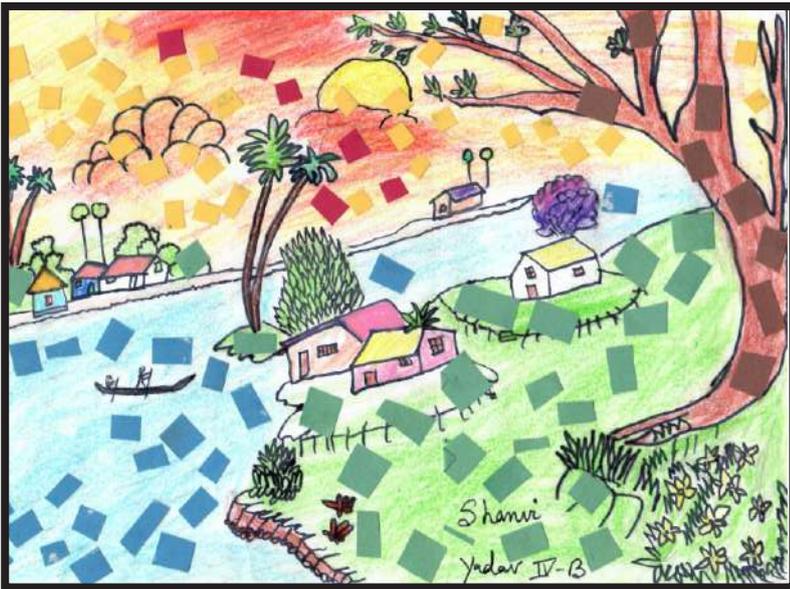




PAINTINGS DRAWN BY ASIANITES



PAINTINGS DRAWN BY ASIANITES





## चरित्रवान व्यक्ति ही उन्नति करता है।

क्या आप जानते हैं, कि चरित्रवान किसे कहा जा सकता है और एक चरित्रवान व्यक्ति की क्या पहचान होती है। एक चरित्रवान व्यक्ति ज्ञान की श्रेष्ठता को प्राप्त करने में सफल रहता है। ऐसे व्यक्ति गृहस्थ होकर भी सन्त, सदृष ही होते हैं। सद्भावना के लिए आवश्यक है सुविचारों और सुकर्मों की एकरूपता, जो अपनी इच्छाओं को नियंत्रित रखते हैं और उन्हें सत्कर्मों का रूप देते हैं। उन्ही का अनुशासन हमारे चरित्र और व्यक्तित्व के निर्माण में सबसे अहम भूमिका निभाता है और अनुशासन ही सफलता की चाबी है।

स्वामी विवेकानन्द प्रायः युवाओं को संबोधित करते हुए कहा करते थे— 'युवाओं उठो! जागो! अपने चरित्र का निर्माण करो।

राष्ट्रकवि मैथिलीशरण गुप्त की एक प्रसिद्ध पंक्ति उल्लेखनीय है— वही मनुष्य है जो मनुष्य के लिए मरे। भारतीय संस्कृति की यही तो विशेषता रही है। यही संस्कृति बहुजन हितायः बहुजन सुखाय और वसुधैव कुटुम्बकम् की पावन भावना का विकास करती है।

जितने भी महापुरुष हुए, उन सभी ने अपने बाल्यकाल से ही अपने चरित्र की रक्षा का ध्यान रखा। उन्होंने अपने चरित्र को कभी दूषित नहीं होने दिया। इसी कारण आज उनका समाज में नाम है और हम उनके आदर्शों पर चलने का प्रयास करते हैं। अतः कर्मण्ये वाधिकारस्ते मां फलेशु कदाचन। मां कर्मफलहेतुर्भुः माते संहगोस्त्वकर्माणि।। अर्थात्! हमारा केवल कर्म करने का अधिकार है फल की इच्छा करने का नहीं। फल की इच्छा से किया गया कर्म दुख का कारण होता है। भगवान श्रीकृष्ण के उक्त वचन का ही प्रतिफल था कि अर्जुन अपने बन्धु-बान्धुओं को देखने के पश्चात् भी युद्ध करने के लिए तत्पर हुआ। एक धर्म युद्ध घटित हुआ जिसका नाम है महाभारत।

आदिकाल से ही भारतीय संस्कृति में चरित्र का मुख्य भूमिका रही है। कहा भी गया है यदि मनुष्य ने धन खोया तो कुछ नहीं खोया परन्तु यदि चरित्र खो गया तो सब कुछ खो गया। ऐसा ही व्यक्ति जीवन में उन्नति के शिखर तक पहुंचता है। जैसे दधिचि, रन्तिदेव, राजा शिवि, राजा हरिश्चन्द्र, भगवान राम, भगवान कृष्ण ही नहीं अपितु आज के युग में विवेकानन्द इसके अप्रतिम उदाहरण हैं।

ओमिशा सुन्दरियाल  
एकादश श्रेणी 'ई'

