



# POTPOURRI

Education is the passport to the future, for tomorrow belongs to those who prepare for it today.

#### FROM THE PRINCIPAL'S DESK .....

s someone once rightly said, "While we try to teach our children all about life, our children teach us what life is all about".

ASIAN NEWSLETTER

And this past Term has truly been a lesson for all of us, adults – educators, parents, coaches et al - as to how resilient children are and given a conducive environment, they can work wonders even in the most challenging of times.

The Pandemic cautions notwithstanding, we tried to provide a 'near normal' environment to our students and they lived upto and beyond our expectations, providing us uncountable moments of joy. A school assembly, which one would otherwise take for granted became a moment for celebration, so did the return of the pitter patter of the tiny feet of the Pre-Primary students, some of whom had spent their entire conscious lives in lockdowns. Physical school was an absolutely novel experience for them and an optimistic indictor for the rest of us.

While on the academic front, adequate rigours were put into place to cope with the learning gaps of the online period, on the sports and cocurricular front too, we more than made up for lost time.

Inter-house and inter school matches resumed alongwith the regular games and activity lessons. The mammoth Socials conducted for the new and the old class XII also generated much excitement. Four other, rather significant annual events that we were able to accomplish are – the Pre Primary Graduation Ceremony, Deepotsav, Investiture and the glorious, The Asian Challenge Inter-school English Debate.

All festivals that were marked celebrated with aplomb and

Yet another effort of the extremely gratifying conduct of vaccination different age groups, made the most of. second doses for the too was done most done in collaboration Department and Centre – so a big thank

We now finally the Unit Tests and and pray that the summer break and healthy and another Term head on.

Kudos to Mr. Manish with a stellar design of the during the Term too were

school, that was was the repeated camps in school, for which the students Follow up of the residential students diligently. This was with the State's Health Krishna Medical vou to them.

conclude the Term with Check Points and hope students have a great come back to school rejuvenated to take on

Dhasmana for coming up Potpourri each time.



ays 5 of Virasat 2022, started off with young talented artists taking the stage. Dehradun got to witness various dance forms and musical recitals. People were delighted to see the culture of India being preserved through young talent.Three students of The Asian School participated: Kathak Dance Solo performance presented by Prapti Pandey of Class Xth Vocal Solo was presented by Dakshata Gaur Class XIIth and sangat on Tabla by Master Jayesh Class XIIth.

The exuberance and excitement was quite evident as the children performed with zeal and enthusiasm.

# Junior Schoo Frent



### **PRE-PRIMARY DAY**

30 March, 2022

"When you wish upon a star, Makes no difference who you are, Anything your heart desires, Will come to you!!!!"

re-primary day titled 'Graduation finale' was celebrated at the Asian school on 30th March, 2022. The programme commenced with the lighting of the lamp by the honorable dignitaries followed by a variety of entertaining programmes by the tiny tots including the recitation of Mool Mantra-Gurbani, a classical & a barbie dance, a patriotic song on synthesizer, and the magic show, The kids shared their beautiful kindergarten journey and thanked their teachers, parents and mentors for all the support. The entire program mesmerized everyone gathered there.

The chief guest, Dr Swati Anand appreciated the efforts of the little ones.



# TREE PLANTATION ON "EARTH DAY"



### 21 April, 2022

"Trees are the jewels of the earth. Save them"

tree plantation programme was organised on Thursday, 21st April 2022. The activity began when the little ones gathered in the garden.

In the spirit of the day, the little ones planted trees in the school ground with the help of the garderner. The little ones were very enthusiastic and enjoyed the planting process. Even though they all got their hands muddy, they loved what they did. It was a great pleasure to seeing our tiny preschoolers being garderners for a day.











# **EARTH DAY [PRE-PRIMARY]**

arth day was celebrated in the Pre-primary where children were made aware of our environment, importance of trees and their benefits to this planet. By taking part in activities like picking up litter and planting trees we are making our world a happier and healthier place to live.





#### **EARTH AND ENVIRONMENTAL WEEK**

"Earth provides enough to satisfy every man's needs, but not every man's greed."

elebration of Earth Day takes place across the world on 22<sup>nd</sup> April and in anticipation of the special day, the students of the Junior Wing at *The Asian School* celebrated the *Earth & Environment Week* beginning from 18<sup>th</sup> April to 20<sup>th</sup> April. The following Activities were conducted by the students:

Classes I & II
 Class III
 Best out of waste
 Classes IV & V
 Clean Earth, Green Earth

A special Assembly was also conducted by Class IV, where they took a pledge for being considerate and protecting 'Nature' for sustaining a healthy living.

Children also enjoyed collage making and poster making activities during the clubs.













# **Blue Day**



# 22 April, 2022

he kindergarten section of 'The Asian School' celebrated Blue Day on 22nd April 2022. It was a pleasant and the cool blue day for the tiny tots. The significance of blue colour was reiterated through a series of

activities. The kindergarten buds came dressed in different shades and hues of blue and were made to recognise the blue color through playway activities and games.

















# **LABOUR DAY [PRIMARY]**

"The best way to find yourself is to lose yourself in the service of the others."

Mahatma Gandhi

nternational Labour Day is celebrtaed on the  $1^{st}$  of May to facilitate the achievements and struggles of workers. It is also known as 'May Day'.

The Junior Wing of The Asian School conducted different activities by making 'Thank You' cards and presenting them to the helpers in our school. They also made different posters on the helpers of our society.

Children whole heartedly participated in the above activities and were able to connect with the importance of the day.



















#### THE WRITING ON THE WALL IS CLEAR









### YOUNG JUNIOR CHEF COMPETITION AWARD GIVING

he certificates for the preliminary round of the Young Junior Chef competition were given away by the Principal, The Asian School. This competition was organised online by IHM on May 12, 2021.20 students from the school had participated in the first round.

All of them received participation certificates. 2 out of 3 students of class VIII received Certificate of Merit for being selected in the regional Final round.

Bhakti Gogia received the Certificate of Merit for making it to IIHM Young Chef junior regional top 30.

It was a proud moment for the participants to see their hard work and effort bear fruit.





# Middle School Frents



# **VACCINATION DRIVE "12-14 YEARS"**

"Vaccines are the tugboats of preventive health" -William Foege

he Asian School, Dehradun had organized a Covid-19 vaccination camp on April 18, 2022 for students' aged 12 to 14 years. The camp was organized in accordance with the Government norms. Corbevax vaccine was administered to 192 students, in the presence of their parents.























# **ECO WARRIORS**

he Asian School organized a tree plantation programme on the occasion of Earth Day on 22nd April 2022. The programme started at 11 in the morning. Students and teachers participated in this programme. They were guided on how to plant a sapling. The students planted saplings in the school campus, near the basketball court. Some saplings were planted in pots which were unused. Students also made posters and banners highlighting the importance of tree plantation Finally, the programme ended with the singing of the National Anthem.





# **BAISAKHI**

estivals bring joy and happiness. Keeping up with the tradition of celebrating all the festivals with great fervor and gaiety and to acquaint the students with the rich culture and heritage of India, a Baisakhi function was held on 14th April 2022 at 6:00 p.m.

















Bhangra was performed by Junior girls and boys.Shabad and bhajan was sung with fervor by Junior boys and junior girls.The song 'Yaariyan' was enthusiastically performed by the outgoing class XII.The Senior girls energetically gave a performance of bhangra.All the participants came dressed in traditional Punjabi colourful outfits with ornaments and accessories. After the programme dinner was served at 8:15 pm.It consisted of a wide and delicious variety of cuisines.

A special mention must be made of an ox and a tractor which was the main attraction for the students. The function ended on a happy note at 9:15 pm.

The students dispersed class-wise to their respective hostels.

# Serior School Frents



# 20<sup>TH</sup> ASIAN CHALLENGE ENGLISH DEBATE

he Asian School, Dehradun bagged the 20<sup>th</sup> Asian Challenge organized here on 30 April 2022 in the White House Court this evening. They stood entitled to the Rolling Trophy and a cash prize of Rs. 10,000/-. "The Aryan School" emerged the first Runners—up.

As per the tradition The Asian School never competes for the trophy therefore the rolling trophy and the cash prize were awarded to The Aryan School.

The other participants from, Kasiga School, St. Joseph's Academy, Dehradun St. Jude's, Dehradun, RIMC,

Convent of Jesus and Mary, Dehradun, Ecole Globale International Girls'School, Ann Mary, Summer Valley Dehradun, St. George's,College, Mussorrie Shri Ram Centennial School, Dehradun, Mussoorie International School, The Aryan School, Dehradun, Doon International School Dehradun and The Asian School, Dehradun spoke for and against the proposition- "This House believes that all good things in life are for free"

The event was judged by three distinguished judges - Mrs. Priya Nanda, Ms. Bhuvanyaa Vijay & Ms. Payal Lal.



#### THE RESULTS OF THIS INTER – SCHOOL DEBATE WERE AS FOLLOWS:

Best Speaker - (For) Sharvangi Bajpai ,The Asian School,
Best Speaker - (Against) Aishi Thapliyal, The Asian School
Best Rebuttal - (For) Tannvi Bahuguna from Doon International School & Sharvangi Bajpai from The Asian
School, Dehradun

Best Rebuttal - (Against) Aishi Thapliyal, The Asian School, Cadet Anurag Vipin, RIMC & Abhay Singh ,The Aryan School

Best Team - The Asian School, Dehradun

# **INVESTITURE 2022-23**



n the 26 April, 2022 the New Prefect Body of The Asian School, Dehradun was invested with duties for academic session 2022-23. A solemn occasion, the ceremony began with the members marching to the stage in sync with soulful music that replicated the aura of the ceremony.



# PREFECTORIAL BODY 2022-23

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S.NO.	POSITION HOUSE		NAME OF THE STUDENT		
1	HEAD GIRL		SHARVANGI BAJPAI		
2	HEAD BOY	YUVAAN NARAYAN			
3	VICE HEAD GIRL	AISHI THAPLIYAL			
4	VICE HEAD BOY	HARSHWARDHAN SATI			
5	HOUSE CAPTAIN GIRL		AASHNA		
6	HOUSE CAPTAIN BOY	ADUBI	ABHIK V BANGERA		
7	HOUSE PREFECT GIRL	arjun	OMISHA SUNDRIYAL		
8	HOUSE PREFECT BOY		ARNAV GHILDIYAL		
9	HOUSE CAPTAIN GIRL		AADYA SINGH		
10	HOUSE CAPTAIN BOY	ASHOKA	TANISHQ RASTOGI		
11	HOUSE PREFECT GIRL	ASTIUNA	ARSHIYA SINGHAL		
12	HOUSE PREFECT BOY		YASH GUPTA		
13	HOUSE CAPTAIN GIRL		Arohi Bajpai		
14	HOUSE CAPTAIN BOY	ranjeet	LALLAWMKIMA SAILO		
15	HOUSE PREFECT GIRL	KAIWEEI	PIXEL KATHAIT		
16	HOUSE PREFECT BOY		GURKIRAT SINGH BAWA		
17	HOUSE CAPTAIN GIRL		PALAK LAMBA		
18	HOUSE CAPTAIN BOY	SHIVAJI	YATHARTH PANDEY		
19	HOUSE PREFECT GIRL	SHIVAUI	NAIVEDYA SHAH		
20	HOUSE PREFECT BOY		MALAY CHUPHAL		
21	CAPTAIN CO-CURICULAR ACTIVITY		SADHNA NANDA		
22	CAPTAIN CO-CURICULAR ACTIVITY		VARSHA KUMARI		
23	LITERARY SECRETARY		SAMIKSHA DHIMAN		
24	SPORTS CAPTAIN BOYS		KUNAL PANDEY		
25	SPORTS CAPTAIN GIRLS		ANJALI KUMARI		
26	MESS SECRETARY GIRLS		ARCHI SINGH		
27	MESS SECRETARY BOYS		RAHUL KUMAR		
28	CAMPUS OFFICIAL		SATYAJEET SINGH		

# MISSION STATEMENT FROM HEAD BOY & HEAD GIRL





Yuvaan Narayan Head Boy

y dream for the Asian school is for it to become the most renowned school not just in Dehradun but in all of India.

The school has definitely grown after the Pandemic in its internal administration and thinking. The new found liberty given to the students has helped them to become more mature and worthy of responsibility.

The dream for achieving such great heights is a very lofty one and would need time, effortand innovative means of management. The aim isn't just to be the most prestigious institution but to be worthy of the fame and honour. This can only be achieved when the students are brought up in a manner which promotes leadership, maturity, humility and a strong moral code.

Gradually the responsibility is being taken up by Prefects and the school's functioning is being handled more and more by them and less teacher supervision is therefore needed. This gives me hope to see my dreams fulfilled in the near future. We would also need to eradicate the conservative mindsets from the system, wherever it still persist and encourage a new liberal and open approach to understand the students better and guide this school to great success.



Sharvangi Bajpai Head Girl

have a dream that school isn't anymore simply about getting good grades and completing assignments, but a source of knowledge and a path to authenticity both in manner and mind. For education is a gift that no one could ever take away from you.

The purpose of education is not only imparting bookish knowledge but to ensure the holistic development of a child encompassing academics, co-curricular, physical education and life skill learning.

It is of utmost importance that we strive to provide a curriculum that focuses on students as well as their social group.

We need to make a place for ourselves in our incessant pursuit of excellence and create a learning environment conductive to education our generation.

I do believe that we all have a gift within us and no single lens can ever be fixed for visualising such myriad layers of the human psyche. We need a multidimensional and holistic approach to address and build on our imagination.

The voyage ahead is uncharted and the waters unfathomable, and it is our duty to direct ourselves to the streams ahead in the ideals of our esteemed institution: Higher! Stronger! Brighter!

# **V**

## **DEEPOTSAV**

he solemn occasion which was held on April 09, 2022 was observed by lighting of hundreds of earthen lamps and tying of 'Kalavas' and applying of 'Tilak' on the foreheads of 290 students, who will appear for the CBSE, class XII Board Exams in April 2022.

The auspicious ceremony commenced with the lighting of the ceremonial lamp by the Principal, Ms. Ruchi Pradhan Datta, followed by a beautifully sung 'Vandana' by the school choir. The Principal and the School Academic Director showered their blessings upon the students of the outgoing batch of class XII.













# **SOCIALS**

he Asian School, Dehradun organized Socials in the White House Court, where students of class XI gave their best wishes to the outgoing students of Class XII with great enthusiasm. The function began with the welcome of all the dignitaries. Judges for the ramp walk were Mrs. Ruchi Pradhan Datta, Mrs. Anju Chaudhary & Mrs. Surbhi Narula. The ramp walk was the main and the most

interesting feature of the socials. The entire White House Court was glittering with lights. Different tags were awarded to the students. Tiamelianda Tynsong was crowned with the title of Ms. Asianite and Stanzin Chhosal received the title of Mr. Asianite. The class XII students then danced on the DJ music. It was a memorable experience for students.

















#### **SOCIALS RESULT**













# Particle of Pursuits



# **EARTH DAY**

he Asian School observed Earth Day by pledging to make the Earth plastic free. A special assembly was conducted with the support of Nagar Nigam, Dehradun and their brand ambassador for Swachh Sarvekshan Abhiyan, the articulate Mr Anoop Nautiyal.













# **LABOUR DAY**



Our Prefects hard at work on Labour Day - giving respite to our kitchen staff..... dished out delicious fare for all to enjoy!













#### SARDARNI KAWALJEET KAUR JUNEJA CUP

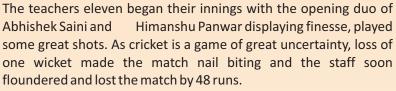


n 23<sup>rd</sup> April, 2022 the beauteous Abhimanyu Cricket Ground snuggled in the lush Guniyal Gaon was the venue for Sardarni Kawaljeet Kaur Juneja Staff Vs Students Cup. The Day-Night Match commenced with the staff winning the toss and selecting to ball first.



The students began their innings with the opening duo of Siddharth Nishad and Lakshay Khaneja. They lost their first wicket with Lakshay Khaneja falling prey to some fine bowling by Gautam Taneja.

The students' innings came to an end in the stipulated 20 overs with a target of 176 runs to the staff.



Mr. Vipul Thapliyal & Aman Rai took one wicket each.

Abhay Gupta took 3 wickets and was declared the Best Bowler. Siddharth Nishad (66 runs) shared a wonderful partnership with Ayush Shah and was declared the Best Batsman. The winners received their trophy from Mr. Amarjeet Singh Juneja, The President, The Asian School.









Those who witnessed this keenly contested Day-Night Match will agree that the copy book shots, elegant fielding and fine bowling were indeed a feast to the eyes.

The dignitaries present were The President Amarjeet Singh Juneja, Vice President Mr. Madanjeet Singh Juneja, Director Mr. Gaganjyot, Mrs. Harveen Juneja, Mrs. Vartika Juneja, Principal Mrs. Ruchi Pradhan Datta, Director Academics Mr. Anant V.D Thapliyal, Head Senior School Mr. Mukesh Nangia, Head Middle school Prachi Mehrotra and the Staff and the Students of The Asian School.

The event concluded amidst loud cheer and applause.

#### **PARIKSHA PE CHARCHA**



n the occasion of the 5th edition of 'Pariksha Pe Charcha' initiated by Prime Minister Mr. Narendra Modi, The Asian school organized live streaming of the programme on 30th March, 2022 in the school auditorium.







For the first time, Raj Bhawans of all states and union territories across the country joined the programme.

The Chief Guest for the occasion was MLA, Mrs. Savita Kapoor.

The welcome address was delivered by Sharvangi Bajpayee and a bouquet was presented to Mrs. Savita Kapoor by the Principal Mrs Ruchi Pradhan Datta.

The chief guest addressed the students and

advised them to stay stress free and focussed while preparing for their examinations. Mrs. Kapoor blessed them and wished them luck for their future endeavours.

The Block Education Officer, Mr. Deepak Rawat also visited the school on the occassion.

The programme was attended by the Vice President Mr. Madanjeet Singh, Principal Mrs. Ruchi Pradhan Datta, the staff and the students of The Asian School.

#### **WORKSHOP ON POSCO ACT**



Workshop for orientation and sensitization of POSCO Act of officers of the related Departments and other Beneficiaries

Venue: Hotel Pacific, 19 Subhash Road, Dehradun

Date: April 27, 2022

Attended By: Ashish Chadha & Ms. Gitanjali Sindhi

s an integral part of the school initiative to reinforce awareness of child safety Uttarakhand Commission for protection of child rights (SCPCR)conducted a detailed awareness building workshop on Protection of Children from Sexual Offences ACT (POSCO) on April 27, 2020.

The workshop was inauguratedwith the lightning of the lamps by Mr. Pushkar Singh Dhami, The Chief Minister of Uttarakhand. Other guests of honours on the occasion wereDr. Dhan Singh Rawat, Education Minister of Uttarakhand, Mrs. Rekha Arya, Ministry of Women Empowerment and Child Development,

Dr. Geeta Khanna, Chairperson SCPCR and Sh. Ashok Kumar, DGP Uttarakhand.

Mr. Pushkar Singh Dhami, The Chief Minister of Uttarakhand, enlightened the audience with his ideas towards the child rights. He thanked all the dignitaries present there for playing their roles sincerely towards the POSCO ACT. He cherished and congratulated all the POSCO Warriors who saved the lives of POSCO victims. His words, "Today's generation will be Tomorrow's future" made everybody realise their responsibilities towards the students.

During the seminar, The POSCO ACT 2012, The





child abuse, Role of police officials dealing with POSCO cases, Forensic inputs in investigation of sexual offences under POSCO Act and dealing with mental health issues of POSCO victim were reviewed and discussed. The legal implications of the act were also reflected upon. Delegates shared their views and suggested several practices to make the POSCOAct operational in schools. Many felt the need to create a healthy environment to overcome challenges such as gender inequality, eve-teasing and sexual abuse. Suggestions were made to develop training programmes to increase awareness amongst teachers and other employees working in different areas to enable them to address these issues appropriately. Proposals such as gender sensitization activities, Good touch and Bad touch and counselling provisions were put forth to carry forward this programme.

The participants benefited greatly through the discussion and felt better equipped to adopt practices within their working areas in support of POSCO. It was evident by the extremely interactive session of the audience that the information imparted was well received.

#### **RUPALI MEMORIAL ART COMPETITION**



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n online Art Competition was held on 18th April 2022. It was organised by Doon Girls School. It was an Annual Art Competition.

Children from Classes III to VIII participated in the competition.

Abhi Raj Class III
Jessica Kaur Class III
Aradhya Saxena Class IV
Vaishnavi Class VI
Gaurav Patel Class VIII

Two children of Class III bagged the First and the Second position.

Abhi Raj Class III Stood First
Jessica Kaur Class III Stood Second







# SFA CHAMPIONSHIP UTTRAKHAND (2022)



nother young Champion of Class V B, **A. Dhanvanth** also brought laurels to the institution by bagging a **Silver Medal** in **300 m. race**(in the Under 12 Boys' Category) held at Maharana Pratap Sports College on 5<sup>th</sup> and 6<sup>th</sup> May, 2022.





# **SFA CHAMPIONSHIP UTTRAKHAND (2022)**



he Asian School proudly announces one of its students Prasidh Chopra of Class IV A who has won three Skating Championship in a row. The details are follows:

He bagged the following:

II position in 200m. race III position in 500m. race III position in 800m. race

We are proud of our **Young Champ**.



### **ART COMPETITION AT VIRAASAT 2022**



eartiest congratulations to dear Kashish Yadav, a class XII student of our school, for bagging the second prize in the painting competition held at Viraasat 22.

All the best for the future!





# **INTER-HOUSE CRICKET TOURNAMENT**



# **RESULT JUNIOR BOYS TEAM**

HOUSE	MATCHES PLAYED	MATCHES WON	MATCHES LOST	TOTAL POINTS
ARJUN	03	01	02	02
ASHOKA	03	02	01	04
RANJEET	03	00	03	00
SHIVAJI	03	03	00	06

### **RESULT SENIOR BOYS TEAM**

HOUSE	MATCHES PLAYED	MATCHES WON	MATCHES LOST	TOTAL POINTS
ARJUN	03	01	02	02
ASHOKA	03	00	03	00
RANJEET	03	03	00	06
SHIVAJI	03	02	01	04

# **OVERALL POSITION**



Shivaji House won the overall trophy.







# **TEAM ASIAN VS TEAM CBSE REGIONAL OFFICE**



A friendly cricket match was held between The Asian School Cricket team & CBSE Regional office cricket team.

















#### **BASKETBALL MATCH STAFF VS STUDENTS 2022**



The Best Shooters shoot the exact same way every single time they look at the basket.

n 14 May, 2022 The Asian School witnessed abasketball match between the Staff and Students' of the outgoing class XII batch. It was held in the evening at the School's Basketball Court. Principal 'The Asian School', Mrs Ruchi Pradhan Datta, presided over as the Chief Guest.

The Staff got the ball. The audience included boarders from classes VI to XII. Both the teams put in their best resulting in an exciting game.

Staff won the match and Ronit Rawat from the student's team was awarded the best player award.

Prominent dignitaries present on the occasion were the, Director, Mr. Gaganjyot Juneja, Ms. Vartika Juneja, Director Academics Mr. Anant V. D. Thapliyal, Head Senior School, Mr. Mukesh Nangia, and the staff and the students of The Asian School.









# The Asian School lifts The Asian hallenge English Debate Trophy - 2022

Dehradun, May 1
College, Mussoorie, ArtNS): The Asian School, Dehradun agged the 20th Asian School, Mussoorie International School, The Asian School, Doon are Trophy 2022 or International School, The Asian School, The Asian School, The Asian School and The Asian School Best Speaker - (For Sharwangi Bajpai, The Asian School Best Speaker - (Against) Airbude's RIMAC, Con-

chool. The other participants on, Kasiga School, t. Joseph's Academy, t. Jude's, RIMC, Conent of Jesus and Mary, cole Globale Interational Girls School, an Mary, Summer alley, St. George's,

shi Thapiyai, The Asian School. Best Rebuttal- (Fot) Tannyi Bahuguna from Doon International School & Sharvangi Bajpai from The Asian School, Dehradun.



Best Rebuttal(Against) Aishi Thapliyai, The Assan School, Cader Anurag Vipin, RIMC & Abhay Singh, The Aryam School Best. Team The Asian School, Dehradun. The Principal of The Asian School and the Judges lit the lamp and gave this occasion an auspicious beginning.

# द आयन स्कूल न आवरआल ट्राफा जाता



देहरादून। द एशियन स्कूल चैलेंज अंतरविद्यालयी अंग्रेजी वाद-विवाद प्रतियोगिता में द एशियन स्कूल की श्रवांगी वाजपेयी बेस्ट स्पीकर (पक्ष) और विपक्ष में इसी स्कूल की आयशी थपलियाल विजेता रही। इसी तरह बेस्ट रीबटल (पक्ष) में दून इंटर नेशनल की तनवी बहुगुणा व द एशियन स्कूल की श्रवांगी वाजपेयी और विपक्ष में अनुराग, विपिन आरआईएमसी स्कूल और आयशी थपलियाल द एशियन स्कूल व अभय सिंह आरआईएमसी स्कूल विजेता रहे। ओवरऑल ट्रॉफी द आर्यन स्कल ने जीती। वाद-विवाद प्रतियोगिता का विषय दिस हाउस बिलिब्स दैट ऑल गुड थिंग्स इन लाइफ आर फॉर फ्री था। एशियन स्कूल की प्रधानाचार्य और निर्णायकों ने कार्यक्रम का शुभारंभ किया। इस मौके पर चेयरपर्सन अर्शिया सिंघल, प्रिया नंदा, भुवन्या विजय, पायल लाल, युवान नारायण, श्रवांगी वाजपेयी, गगनजोत जुनेजा, वर्तिका जुनेजा, एवीडी थपलियाल आदि मौजूद रहे। मा.सि.रि

HE HIMACHAL TIMES- DEHRADUN

# New Prefect Body of 'The

Asian School' takes oath



10 Garhwal Post) Asian School students

win cricket match against staff

छात्रों ने जीता कमलजीत कौर जुनेजा कप



# Investiture Ceremony held at Asian School





द एशियन स्कूल में दीपोत्सव का आयोजन किया गया. कार्यक्रम की शुरुआत स्कूल के वाइस प्रेसिडेंट मदनजीत सिंह ने किया. स्टूडेंट्स ने मांगल गीत गाकर 12वीं के स्टूडेंट्स को शुभकामनाएं दी. प्रोग्राम के दौरान स्टूडेंट्स ने भी आपने टीचर्स कां सहयोग के लिए धन्ववाद दिया. इस मीके पर प्रिसियल रुचि प्रधान दत्ता, डाबरेक्टर एकेडेमिक अनंत विजय दत्ता, कोओर्डिनेटर मुकेश, प्राची मेहरोता मौजूद रहे.

### Asian School wins nter-School English Debate



Asian School' takes oath

New Prefect Body of 'The

DOON CITY

SUNDAY MAY 15, 2022 The Asian School organizes Basketball Match Staff vs Students 2022





#### **EDUCATIONAL SYSTEM – FOR MENTAL HAPPINESS**

n recent times we are encountering increasing numbers of mental disorders and drugs abuse in school going children. A recent report of WHO says that 20% of children globally experience mental disorders like depression and anxiety.

Now research has shown that schools can help—avoid such disorders and help children lead happier lives—only if such outcomes are valued.

Schools tend to value academic achievements of students over their mental health and wellbeing – especially in India. Teachers face a lot of pressure to ensure that their students get highest marks. This also contributes to poor mental health in teachers, and many develop burnouts.

Education system has the capability to overcome this growing problem. This can be seen by considering the education system of the happiest countries in the world. All the five Nordic countries - Denmark, Sweden, Norway, Finland and Iceland – which are among the top ten happiest countries – give more emphasis on social-emotional learning. Their education system provides children the skill and knowledge to recognize and emotions effectively. They value judgements of teachers more than any exams and also do not rank schools which lead to less rivalry, stress and anxiety.

Perhaps it is the time to look into the education system of these countries and incorporate some ideas to our system for a more happier outcome.



#### **KEEP UP THE HOPE**

Sometimes In pursuit of a dream
There will come some moments
When you may feel that dream is lost
Hard work gone down the drain
That everything has slipped from hand.
Wipe the tears ,Persevere ,begin anew
And renew your faith
In the person that you are .
Believe that you have the ability
To overcome any obstacles that come in way
To remove any boulder that block your path to success
And when your dreams of success come true
Its then that you'll find what a stronger person you've become .



Maitryee Sirohi Class - 12B

## THE EARTH NEEDS YOU



The Earth needs you, To change your ways Month by month, And day by day.

The changes are easy,
Just look and you'll see.
The differences that can be made,
By you and by me.

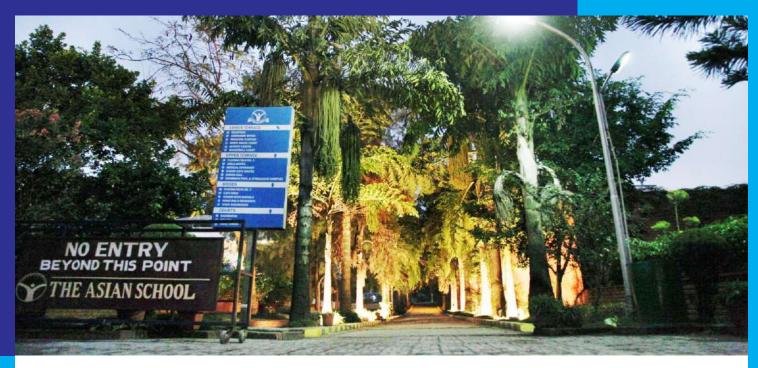
Single-used plastic Lasts almost forever. It may be cheap, But it's not very clever.

It can end up in oceans, Rivers or seas. The wind sometimes carries it And tangles it in trees.

If people used less, The better place it would be. The future's in our hands, Cut-down and you'll see.

When people drop it onto the Ground, It is not where stays, It travels around.

> Suvarna Chhettri Class – 7D



# **RIDDLES**

WHAT HAS
MANY
TEETH,
BUT CAN'T
BITE ?

WHAT GOES
THROUGH CITIES
AND FIELDS,
BUT NEVER
MOVES?

WHAT HAS
WORDS,
BUT NEVER
SPEAKS?

WHAT FIVE LETTER
WORD BECOMES
SHORTER WHEN
YOU ADD
TWO LETTERS
TO IT?

WHAT
BUILDING
HAS THE
MOST
STORIES?

WHAT HAS
LOTS OF
EYES,
BUT CAN'T
SEE?

Soumya Wadhwa Class - 8B

[Answers are hidden inside this Potpourri]

