

CBSE BOARD EXAMINATION 2019: 5 HABITS OF CBSE TOPPERS YOU NEED TO ADAPT NOW FOR SUCCESS IN EXAMS

Board Exams 2019: Central Board of Secondary Education, CBSE would commence the CBSE Board Examinations 2019 soon. The practical examinations have already started across many schools. Theory papers are just about a month away as CBSE 12 Board Exams 2019 for vocational papers begin from February 15. Roughly 6 weeks more, the main or core examinations for CBSE class 10 and Class 12 would also begin. Ahead of the same, here are 5 habits of CBSE Toppers that you need to adapt for success in the exams.

Students are advised to note that [CBSE 12th Board Exam 2019 Date Sheet was revised](#). All those who have not checked the revised CBSE Exam date sheet are advised to do so at once. [CBSE had also released an important notice for the Information Technology paper of Class 12](#). Check the updates provided here.

CBSE Board Exam 2019: CBSE Toppers share 5 habits that help them score well in board exams

1. **Early Morning Hours:** Start your day early, is what most of the CBSE toppers had to say. Over the years, most of the CBSE toppers have shared their daily routine which usually includes getting up early in the morning. Many have shared that their typical revision day usually started at about 4 or 5 in the morning, giving them a good stretch of about 3 to 4 hours in the early hours.
 2. **Note making:** Almost every topper had a strong habit of making notes. Even studies have proven that writing commits the lesson to the memory in a stronger manner. It is also easier for students to recall the lessons that they have themselves made the notes of. Taking notes from friends, on the contrary, was seldom enough. Success was making the notes yourself.
 3. **12 – 15 hours of study:** Toppers shared that on an average, they would study anywhere from 12 to 15 hours a day. A normal day would include 2 hours of resting, 6 hours of sleeping and intermittent breaks. The study schedule, however, varied for students and included their coaching classes as well. For students who were preparing for competitive examinations, the hours put in were usually on the higher side.
 4. **NCERT Books:** Every topper has vouched for their dependence on NCERT for their CBSE Board Examinations. While they often use reference books and material for practice, it is ultimately the NCERT that they went back to and were thorough with the same.
 5. **CBSE Sample Papers:** Last but certainly not the least, all toppers have a habit of solving sample papers ahead of the board examinations. Starting January, for about 2 months to the examination, most of the revision pattern included solving a sample paper and then getting it checked from their teachers, understanding where they were lacking and then revising that chapter again. Some toppers commented that they solved at least one sample paper per day before they started off the day's revision.
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